

SEQ TRAIL RUNNING SERIES - SEASON 12 WINNERS

OVERALL

		1st	2nd	3rd
Womens	Long Course	Amelia Spring	Holly Ranson*	Ela Heiniger*
Mens	Long Course	Lee Bower	Oliver Cook	Damien McMahon
Womens	Short Course	Laura Lovett	Madison McBride	Sally Walker*
Mens	Short Course	David Vernon	Shannon Taylor	Adam Taylor

AGE CHAMPIONSHIPS

		MENS	WOMENS
19 & under	Long Course	Benjamin Whitehorne	Charlotte Millen
Ages 20 - 29	Long Course	Lee Bower	Ela Heiniger
Ages 30 - 39	Long Course	Oliver Cook	Holly Ranson*
Ages 40 - 49	Long Course	David Stacey	Krystal Futter
Ages 50 - 59	Long Course	Steve Barraclough	Naomi Chambers
Ages 60 - 69	Long Course	Richard Daniel	Brenda Laporte*
Ages 70+	Long Course	Peter Drewett	-
		MENS	WOMENS
19 & under	Short Course	Kai Vergers	Aurora Vergers
Ages 20 - 29	Short Course	Ryan Paroz	Laura Lovett
Ages 30 - 39	Short Course	David Vernon	Madison McBride
Ages 40 - 49	Short Course	Shannon Taylor	Bec Chidlow
Ages 50 - 59	Short Course	John Price	Kim Muridge
Ages 60 - 69	Short Course	Vance Hetariki	Michelle Singer
Ages 70+	Short Course	Dave Archbold	Lynn Davies

SEQ CLUB TRAIL CHAMPIONSHIPS

Large Club	InTraining
Medium Club	Thompson Estate & Eastern Suburbs Athletics
Small Club	The Trailiens

**Tie breaker applied*